Health and Wellness Team

Help us in encouraging your SIC or PTA Health Wellness committee to participate in Alliance for a Healthier Generation. Students and faculty at each school needs an active wellness team to support healthy eating and active living.

Click here for more information.

This October, 20 Greenville County Schools will be recognized as a Healthy School! Stay tuned for the list.

Back to School Snack

Most children are hungry after school. Try this snack to cool their hunger. Mix together 2 cups of any choice of berry, 2 cups of Greek yogurt and 3 tablespoons of raw honey. After each berry is coated, lay out berries on parchment paper covered baking sheet and freeze!

Prep for meals and snacks because:
1. Goodbye temptation,
2. Hello control!
3. You will save time...
4. But even better, you will save money!
5. Hunger will no longer be a problem—your next meal is ready to go!
6. You are more likely to be a member of the clean-plate club!

Achilles International

Do you have or know of an individual who may have a medical/adaptive need and wants to compete in mainstream running events? Get involved & contact Hannah Anderson, at (864) 340-4519 or email achillesgreenville@gmail.com

New Local Children’s Book

On Saturday, September 22nd from 4-6pm at Swamp Rabbit Station, there is a book signing and meet the characters of this new children’s book promoting physical activity!

Hispanic Alliance Health Fair
September 29th 10:00am-1:00pm
Legacy Charter School
900 Woodside Avenue
Greenville 29611

Many community partners are offering FREE services such as: flu shots, dental and vision examinations, as well as allowing guests to meet with various healthcare providers and social service agencies.

Interested in volunteering? Complete this form

For more information, contact Erica McCleskey, D1 Health and Wellness Chair and LiveWell Greenville Partnership Coordinator. emccleskey@livewellgreenville.org or 864-354-4706. Sign up for these newsletters on our website or by e-mailing.