January 2018

Grant Opportunity

Mark your calendars! Game On Grants open on February 5th. This grant opportunity provides funding for schools to increase physical activity and healthy food choices for students during the school day.

Recipe from:
euphoria’s Healthy Lunchtime Throwdown

Student: Joshua David
School: Southside High
Recipe: Asian Tuna Salad

The Greenville County Schools Food and Nutrition Services (FANS) continues to be a leader in school food reform and is looked upon as an industry leader nationwide for their innovative menus. FANS leadership is committed to serving the highest quality food possible to our students including scratch-made meals that incorporate locally grown beef, seafood, fresh fruits and vegetables. Our FANS department is recognized on a state and national level as a “District of Excellence”.

Planning for Teacher Appreciation Week? Each school celebrates teachers’ hard work different times throughout the year, however, most will celebrate the week of May 7th-11th. LiveWell encourages PTA’s to consider activities and foods to support teacher’s health and wellness. See suggested schedule.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group Physical Activity</td>
<td>Healthy catered lunch</td>
<td>Healthy catered breakfast</td>
<td>Group Physical Activity</td>
<td>Flowers from students yards Pizza and bag salad</td>
</tr>
</tbody>
</table>

Contact Erica McCleskey for contacts and additional ideas!

For more information, contact Erica McCleskey, DI Health and Wellness Chair and LiveWell Greenville Partnership Coordinator. eumccleskey@livewellgreenville.org or 864-354-4706.