

# HEALTH & WELLNESS NEWSLETTER



LiveWellGreenville.org

January 2018



District of Excellence  
Greenville County Schools' Food and Nutrition Services

The Greenville County Schools Food and Nutrition Services ([FANS](#)) continues to be a leader in school food reform and is looked upon as an industry leader nationwide for their innovative menus. FANS leadership is committed to serving the highest quality food possible to our students including scratch-made meals that incorporate locally grown beef, seafood, fresh fruits and vegetables. Our FANS department is recognized on a state and national level as a "District of Excellence".

## PARTNERS IN HEALTHY SCHOOLS



Is your school one of the 33 schools participating in the Alliance for a Healthier Generation, Healthy Schools Program? Support your PE Teachers and Health and Wellness Committee and attend the upcoming training and technical assistance session.

**Monday, February 12th**  
**4:00pm-5:30pm**

**Phisher Middle School**

## Grant Opportunity

Mark your calendars! Game On [Grants](#) open on February 5th. This grant opportunity provides funding for schools to increase physical activity and healthy food choices for students during the school day.

**Recipe from:**

**euphoria's Healthy Lunchtime Throwdown**



Student:  
Joshua David  
School:  
Southside High  
[Recipe: Asian Tuna Salad](#)

Planning for Teacher Appreciation Week? Each school celebrates teachers' hard work different times throughout the year, however, most will celebrate the week of **May 7th-11th**. LiveWell encourages PTA's to consider activities and foods to support teacher's health and wellness. See suggested schedule.

Monday	Tuesday	Wednesday	Thursday	Friday
Group Physical Activity	Healthy catered lunch	Healthy catered breakfast	Group Physical Activity	Flowers from students yards Pizza and bag salad

Contact Erica McCleskey for contacts and additional ideas!

For more information, contact Erica McCleskey, D1 Health and Wellness Chair and LiveWell Greenville Partnership Coordinator. [emccleskey@livewellgreenville.org](mailto:emccleskey@livewellgreenville.org) or 864-354-4706.