



At School Community Action Plan

Goal: Create school environments that support healthy eating and active living for all school age children in Greenville County.

Objective 1: Increase amount of healthy foods available, and reduce amount of unhealthy food used in school for reward, incentive, and fundraising in schools.

Strategy	Actions/Tasks	Performance Target	Timeline
1.1 All foods sold in school to meet the USDA guidelines	1.1.1 Compile guidance for principals, PTAs, and clubs regarding USDA compliant foods and alternate fundraisers	Resources obtained, toolkit/aid developed	Summer 2014
	1.1.2 Convene training/networking sessions to help schools comply with new rules	Training/networking sessions planned	Summer 2014
	1.1.3 Identify sources for USDA products	Product source guide created	Summer 2014
1.2 GCS develops methods to support teachers and administration regarding using food as reward	1.2.1 Research best practices	Best practices defined	8/2014 – 8/2016
	1.2.2 Create administrative rule	Rule created	Implementation 8/2015 – 8/2016
1.3 School Health Index	1.3.1 Schools set annual nutrition goals	Annual goals created	SY 2015-2016
	1.3.2 Reassess every 3 years	SHI completed every 3 years	2017
1.4 Culinary Creations Institute training for all cafeteria staff and CC menus implemented in all schools	1.4.1 Culinary Creations Institute training for elementary school cafeteria staff, menu implementation in elementary schools	CC menu in 51 elementary schools	complete
	1.4.2 Culinary Creations Institute training for middle school cafeteria staff, menu implementation in middle schools	CC menu in 20 middle schools	complete



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	1.4.3 Culinary Creations Institute training for high school cafeteria staff, menu implementation in high schools	CC menu in 14 high schools	Summer 2015, implement SY 2015-2016
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Objective 2: Increase opportunities for physical activity in schools.

Strategy	Actions/Tasks	Performance Target	Timeline
2.1 Increase number of children who walk or bike to school	2.1.1 Use number of students walking and biking to school and number of schools participating with Safe Routes to Schools to set realistic goals	Goals of increased number of children walking and biking to school set	2015-2016
	2.1.2 Support roads advisory, pedestrian infrastructure and bike infrastructure	Create environment conducive to walking and biking to school	2015-2106
2.2 All students engage in active play during recess	2.2.1 Research student activity levels on different types of playgrounds	Determine options for active playgrounds	2015-2017
	2.2.2 Build environments that encourage active play	Playgrounds built	2015-2017
2.3 GCS develops methods to support teachers and administration regarding using physical activity as punishment	2.3.1 Research best practices	Best practices defined	8/2014 – 8/2016
	2.3.2 Create administrative rule	Rule created	Implementation 8/2015 – 8/2016
2.4 School Health Index	2.3.1 Schools set annual physical activity goals	Annual goals created	SY 2015-2016
	2.3.2 Reassess every 3 years	SHI completed every 3 years	2017



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Objective 3: Advocate for staff wellness to be included in employee strategies and policies

Strategy	Actions/Tasks	Performance Target	Timeline
3.1 Staff wellness included in health care benefits	3.1.1 Research wellness efforts in current health care benefits	Gain understanding of current benefits	2015-2016
	3.1.2 Research economic feasibility of increasing wellness efforts in health care benefits	Gain understanding of costs	2015-2106
	3.1.3 Increase wellness efforts in health care benefits	Inclusion in benefits package	
3.2 Staff wellness included in program offerings	3.2.1 Research wellness efforts in current staff program offerings	Gain understanding of current program offerings	2015-2016
	3.2.2 Research economic feasibility of increasing wellness efforts in staff program offerings	Gain understanding of costs	2015-2016
	3.2.3 Increase wellness efforts in staff program offerings	Inclusion in benefits package	



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Objective 4: Engage physicians in schools.

Strategy	Actions/Tasks	Performance Target	Timeline
4.1 Physicians are included on School Wellness Teams	4.1.1 Promote opportunity for physicians to participate on School Wellness Teams	Schools invite physicians to participate on teams	2015-2016
	4.1.2 Physicians are recruited, trained and placed on School Wellness Teams	Physicians active and effective on teams	2015-2106